



## Senior living expert Rick Hunsicker to appear at The Boathouse on May 19

Leading senior living expert Rick Hunsicker brings his popular *What Seniors Need to Know Today* seminar to the Richmond area on May 19, 2011. Rick will share objective information to make the best decisions about your future lifestyle, financial and housing situation, including how a retirement community like Springdale at Lucy Corr Village could fit into your future.

A special presentation not to be missed. Seminars at 10am or 2pm. Space is limited, so please RSVP by May 12 for the seminar time you prefer to (804) 425-8281 or go to [www.springdaleatlucycorr.com](http://www.springdaleatlucycorr.com).

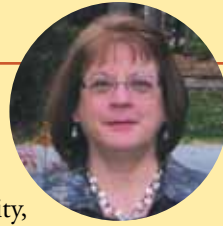
**May 19**  
**The Boathouse**  
**at Sunday Park,**  
**Millridge Parkway,**  
**Midlothian, VA**

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## Community Partners

Springdale at Lucy Corr Village, as part of the Heath Care Commission of Chesterfield County, partners with many community organizations to enhance the lives of seniors on the Springdale campus and in the Chesterfield area. In this issue, we want to highlight the Senior Advocate program for Chesterfield County.

Debbie Leidheiser is the Senior Advocate for Chesterfield County, where she provides information and resources to Chesterfield's older adults, their family members and caregivers. Prior to joining the County, Debbie founded and started the Lifelong Learning Institute in Chesterfield.



Ms. Leidheiser was a former employee of Brandermill Woods Retirement Community, where her last position was Director of the Brandermill Woods Foundation and Public Relations.

Debbie is active in senior organizations in Chesterfield and is a board member for the Shepherd's Center in Chesterfield, Lifelong Learning Institute, RSVP Advisory Council, and Chair of Chesterfield Triad Senior Day, as well as a member of the Leadership Team for the Richmond Area Age Wave Plan. To learn more, visit [www.chesterfield.gov/senioradvocate/](http://www.chesterfield.gov/senioradvocate/).

**SPRINGDALE**  
AT LUCY CORR VILLAGE

6800 Lucy Corr Boulevard  
Chesterfield, Virginia 23832

More to come in our next issue about our new walking trail and its connection with Chesterfield County trail system.

Ask about our spring incentives!



SPRING 2011

# SPRINGDALE

## REFLECTIONS



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# GARDENING



## “The Blank Canvas”

Charlotte and Louis Cunningham are among the newest residents at Springdale. They currently enjoy their two-bedroom, two-bath Winfree garden cottage with a wonderful patio and side yard. The independent lifestyle brings Charlotte new opportunities to design, plant and grow yet another special garden as they delight in making their new home their own. A lover of nature since her childhood in Maine, where she visited her grandmother's farm, she talks about their first home in the Boston area and the lovely gardens there. When they moved from the Boston area into their new home in the hot, sunny suburbs of Chicago, they had a blank

canvas with which to work. There was no lawn, nor trees or shrubs to begin with. She immediately visited the arboretum and began to study the local climate, soil and plants that thrived. Being an independent thinker, she also tried planting less-well-known shrubs like rhododendrons, whose blossoms amazed the neighbors.

They brought the flavor of New England to Chicago, where they enjoyed making their new home reflect who they are and what they love. Gradually their home took on a metamorphosis, transforming a “Chicago” house into a “home,” showcasing a New England-style perennial garden with climbing roses and split-rail fence surrounded by a brick patio. Charlotte joined the garden club and enjoyed meeting



**Charlotte Cunningham, National Garden Clubs, Inc., Accredited Master Flower Show Judge, Garden Study Consultant and Master Landscape Design Consultant (Emeritus).**

other people with the same interests. The club sponsored plant sales, sold and donated plants, and the members shared, traded and bought the indigenous plants they grew.

As fate would have it, Lou was transferred and they moved yet again, this time from Chicago to the suburbs of Philadelphia, PA. From strong sun to the shade of a wooded lot, planting challenges were very different. At this time, she attended landscape design classes at Temple University, Ambler campus to learn how to cope with too many trees. A white fence and perennial garden were placed across the front of the house in the only sunny area, and plantings for shade and semi-shade were gradually added.

These days Charlotte finds herself investigating the soil, plants and climate unique to Virginia. Her love of gardening is apparent in her new home, as is her natural “teaching.” I think we’ll see more of her talents as she becomes more involved in the Chesterfield community.

*Written by Betty Zivelonghi,  
Sales Counselor for Springdale at Lucy Corr.*

## Springdale's Orchid Doctor



Springdale's Orchid Doctor has some beautiful orchids in bloom right now. Joe Pennell moved from Ohio, where he was known as the “Orchid Doctor,” and was one of the first Springdale residents to move into a Winfree garden cottage. People used to bring all of their sick orchids to him, and he would nurse them back to health. Joe loves to show off his orchids. Prior to his move, he customized his sunroom to accommodate specifications for his mudroom. With Joe, taking care of orchids is a science. His cottage is angled for the best lighting for orchids.

**The pink orchid shown is called “Amaryllis” or “Peacock orchid.” The white is called Phalaenopsis or “Moon Orchid” and the “Pink and Green” is a Phalaenopsis known as “Ladyne,” a gift from a lady with the same name.**



## Garden Open House



Join us at Springdale on April 21, from 1 to 4 pm, for our Garden Open House. Enjoy light refreshments, tours of our cottage homes and *Brightwater* Towne Center, plus an unveiling of our beautiful new garden plans. Whether you enjoy a vegetable and herb garden, a garden to attract birds and butterflies, or even a no-maintenance garden, we have the perfect plans to enhance your outside living space at your new spacious cottage home. To RSVP, call us at (804) 425-8280. We look forward to seeing you in the garden.



For more information, go right to the source. Send this postage-paid card or call (804) 425-8280.

- I (We) would like to hear more about the new apartments and cottages at Springdale. Please call.
- I (We) would like to schedule a time to visit Springdale's model cottage and learn about all residential options.
- I (We) would like to attend a Lunch and Learn. Please contact me to set a date.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Best time to call \_\_\_\_\_

E-mail \_\_\_\_\_

The weather is beautiful here, and the residents must all have spring fever. From left to right: Charlotte Cunningham is out planting next to her Winfree garden cottage.

Rosanna Strauss loves gardening! These are the new blooms at her Weatherford cottage here at Springdale. The purple flowers are violas; the yellow are daffodils, pansies, tulips and winter aconite. Rosanna and her husband were the first residents of Springdale.

